

Physical Education Rules and Expectations

1. Some type of shoe that the student can run and move around successfully in that does not harm the gym floor or injure the student. (tripping or rolled ankles) If they do not have proper shoes they will have to sit out and lose 1 participation point that day.
2. Students must participate in the warm-up every day. If they do not, they are not allowed to participate in the activity and they will lose 1 participation point that day.
3. 4th-6th graders will learn a fact a day about a health topic. At the end of each week they will take a small quiz over the facts of the week. Point totals on quizzes will vary.
4. When I am talking in front of the class the students are expected to be quiet and respectful until I am finished. When the activity starts they can be as loud as they want.
5. Students will be expected to keep their hands to themselves, unless the game says opposite.
6. All arguments are expected to be brought to my attention so we can come up with the best solution possible so it does not cause distractions for the class.
7. Students are expected to try whatever we are doing each day. I understand not everyone will always be happy with what we are doing but everyone will have days they do and don't like the activity.
8. Students are expected to never be negative towards another student.
9. Students are expected to use the equipment as it is intended to be used.

For sections 4-9 the consequences of the students not doing what they are supposed to are:

1. Student given verbal warning from me.
2. If student has another issue the same day they will be asked to go to hall, I will go out after a minute and discuss the issue, the student will be allowed to come back to class when we solve the issue.
3. If a student has a third issue in the same day I will ask them to stay in for recess with me for 1 day and we can figure out how to fix the things leading up to the child having an issue.

Each day is new day so this process starts over. Although, if we have continuous days of issues the student may be sent to Mrs. Wallace or parents may be contacted.

K-1st do not have to worry about points each day.

2nd-6th 3 points are possible each day.

- 1 point for showing up to class ready.
- 1 point for doing the warm-up without issue.
- 1 point for participating in the main activity without issue.

If you have any question please email me at riley.asche@pcwolves.net. We are going to have a great year!

Thanks,

Riley Asche